



# Lexington Catholic Middle School Wrestling Club

Dear Parents,

You may be aware that the wrestling team at Lexington Catholic High School has been disbanded due to low participation numbers. Because of this, I approached Mr. Gadberry, the Athletic Director, about what would be necessary to revive the program. His response was to ensure that there was enough interest in the sport to ensure consistent participation at the high school level. In order to achieve that, I asked if I could build and develop a Middle School (grades 4-8 per Kentucky State Wrestling Association bylaws) club under the Lexington Catholic middle school “umbrella” that would generate interest in the sport and produce enough wrestlers to maintain a high school team, and his response was “yes.”

This letter is my initial attempt to determine if there is enough interest to proceed with developing this middle school team. Responding to this letter is in NO WAY a commitment or a sign-up. It is simply an acknowledgement that your middle school child (BOTH boys and girls are welcome) has interest in participating in the sport of wrestling. If this letter generates enough interest, we will move forward in forming the club and developing a program- including practice times, locations, and potential tournament competitions. Again, a response to me is ONLY that your child is interested in participating.

My son is a 6<sup>th</sup> Grader at St. John in Georgetown. I am recently retired after serving nearly 20 years as an officer in the U.S. Army. I wrestled and played football in middle and High School in Ohio and then played four years of College football. My Father was the head wrestling coach at my high school for 12 years, so I grew up with the sport. It is one of the fastest growing sports in Kentucky and a great “companion” sport for those who participate in football, soccer, cross country, and track and field. The skills I learned as a wrestler, like balance and body control, definitely served to make me a better football player and overall athlete. Even better, while only 15-20 athletes will make the basketball team in high school, there are NO CUTS on a wrestling team. Everyone willing to participate and put in the effort will compete.

Again, if your child- BOTH boys and girls are welcome- is interested, or if you have questions, please contact me via phone or text at (859) 489-5845, or via email at [j.kovach@live.com](mailto:j.kovach@live.com), not later than October 1st. Only if enough interest is generated will we move forward with information sessions and introductory clinics with the goal of fully forming a team that would compete against other middle school programs in tournaments locally.

I thank you for your time and consideration and pray for your help in making this endeavor a successful one.

Sincerely,

Jonathan Kovach

Parent/ Coach