

Lexington Catholic Cheerleading 2018-2019 Tryout Information

Pre-Tryout Meeting

Saturday, April 28th 10-11 AM

Attendance is required to try out

Tryouts

May 7th, 8th, and 9th

Middle School 5-6

High School 6-7

Uniform Fittings

May 11th 3:30-7:00 at So Many Choices

Paperwork Required

- Complete the 4-page KHSAA physical
- Complete the Personal Information Form

Tryout Requirements

- Jumps: toe touch, front hurdler, pike
- Fight song
- Sideline cheer
- Blue Squad: backhandspring and round off backhandspring on the hard wood floor
- White Squad: No tumbling requirements

Team Selection

The new teams will be announced on Wednesday, May 9th. The blue squad will cheer football games, boys' basketball games, and participate in Varsity competitions. The white squad will cheer football games, girls' basketball games, and participate in Game Day Competitions. If both teams qualify for UCA High School Nationals, both teams will attend in February 2019. Selection of each team is at the discretion of the coaches.

*All tryout dates are mandatory. Tryouts are closed to family and friends. You should wear shorts, a t-shirt, and wear your hair up in a ponytail. Jewelry is not allowed. Spandex worn as shorts is not appropriate tryout attire.

